

# Oral Health Matters

Working together to improve your oral health

## **DENTAL DOS**



**DO KEEP YOUR CHILD’S DENTAL APPOINTMENT.  
IF YOU MUST CANCEL, PLEASE CALL THE OFFICE  
AS SOON AS YOU CAN.**

### **Before the Visit:**

- Do share with your child the good reasons for going to the dentist.
- Do calm your child about the visit. Try not to use words such as “Hurt”, “Pain”, and “Bleeding” when talking about the visit to the dentist.
- Do talk about your child’s first visit in a good way.
- Do stay in the waiting room if asked to do so by the dentist or the staff.
- Do keep friends, brothers, and sisters from trying to scare your child about the dentist.

### **At the Office:**

- Do visit the dentist with clean teeth.
- Do bring your child’s health plan ID card.
- Do bring only the child who has an appointment to the dental office, if possible.

**If you need help finding a dentist & have TennCare<sup>SM</sup>  
Call Doral Dental Customer Service at 1-888-233-5935**

**Or visit our website [www.doralusa.com](http://www.doralusa.com)**



**TENNESSEE’S EPSDT PROGRAM**

Interpretation and translation services are free to the enrollee; please call Customer Service at 1-888-233-5935 for more information.

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