

# Oral Health Matters

Working together to improve your oral health

## DENTAL DOS



**DO KEEP YOUR CHILD'S DENTAL APPOINTMENT?  
IF YOU MUST CANCEL, PLEASE CALL THE OFFICE AS SOON AS YOU CAN.**

### Before the Visit:

- Do share with your child the good reasons for going to the dentist.
- Do calm your child about the visit. Try not to use words such as "Hurt," "Pain," and "Bleeding" when talking about the visit to the dentist.
- Do talk about your child's first visit in a good way.
- Do stay in the waiting room if asked to do so by the dentist or the staff.
- Do keep friends, brothers, and sisters from trying to scare your child about the dentist.

### At the Office:

- Do visit the dentist with clean teeth.
- Do bring your child's health plan ID card.
- Do bring only the child who has an appointment to the dental office.  
(If possible)

**If you need help finding a dentist & have Medicaid, FAMIS Plus, or FAMIS call  
Smiles For Children Customer Service at  
1-888-912-3456.**

